

Síndrome de Anemia Policitemia

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Embarazo Gemelar

- Constituye problema salud pública
 - ◆ 1% Partos = representa 15% mort. Perinatal.
 - ◆ 50% Emb. Gemelares = parto prematuro.
 - ◆ 25% Emb gemelares = RCIU.
 - ◆ 15-20% Emb Gemelares = SHE.

Embarazo Gemelar

- 70% dicigotos = Bc
- 30% monocigotos = 70 - 80% Mc-Ba
= 20 - 30% Bc
= < 1% Mc-Ma

Corionicidad

- Bicoriales (dicigotos- monocigotos)
 - ◆ Placentas independientes
 - ◆ Vasculatura separada
- Monocoriales (monocigotos)
 - ◆ Placenta compartida
 - ◆ Vasculatura conectada

PARTO PREMATURO

RCIU

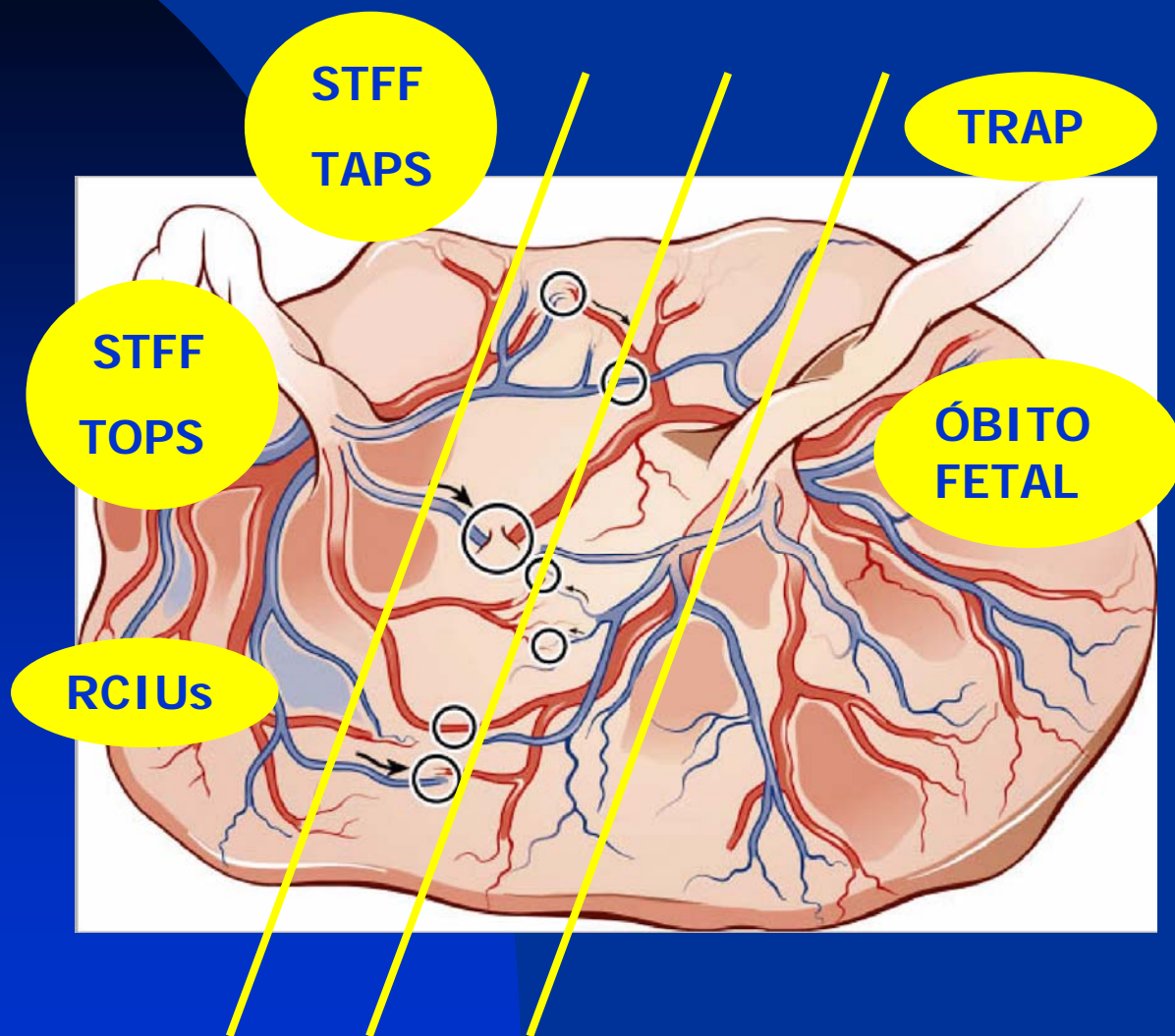
RCIUs

STFF

TRAP

TAPS

Corionicidad



Reparto
Placentario
Aleatorio

Conexiones
Vasculares

TWIN ANEMIA-POLICYTHEMIA SEQUENCE

- Tipo de STFF crónica, que se caracteriza por gran diferencia Hb intergemelar, sin TOPS.
- Espontáneo 3- 5%
- Post-láser STFF 2 -13%

Twin anemia polycythemia sequence: Diagnostic criteria, classification, Perinatal management and outcome. Slaghekke F, Kist W, Oepkes D y cols. Fetal Diag Ther. 2010; 27: 181-190

TWIN ANEMIA-POLYCYTHEMIA SEQUENCE



Prevalence, size, number and localization of vascular anastomoses in monochorionic placentas *D.P. Zhao et al. / Placenta 34 (2013) 589–593*

98% Emb Mc N

100% RCIUs

96% STFF

100% TAPS

AAV

Diámetro AAV

0,1 TAPS vs 0,4 MC N

0,5 RCIUs vs 0,4 MC N

Número AAV ½ TAPS vs otros grupos

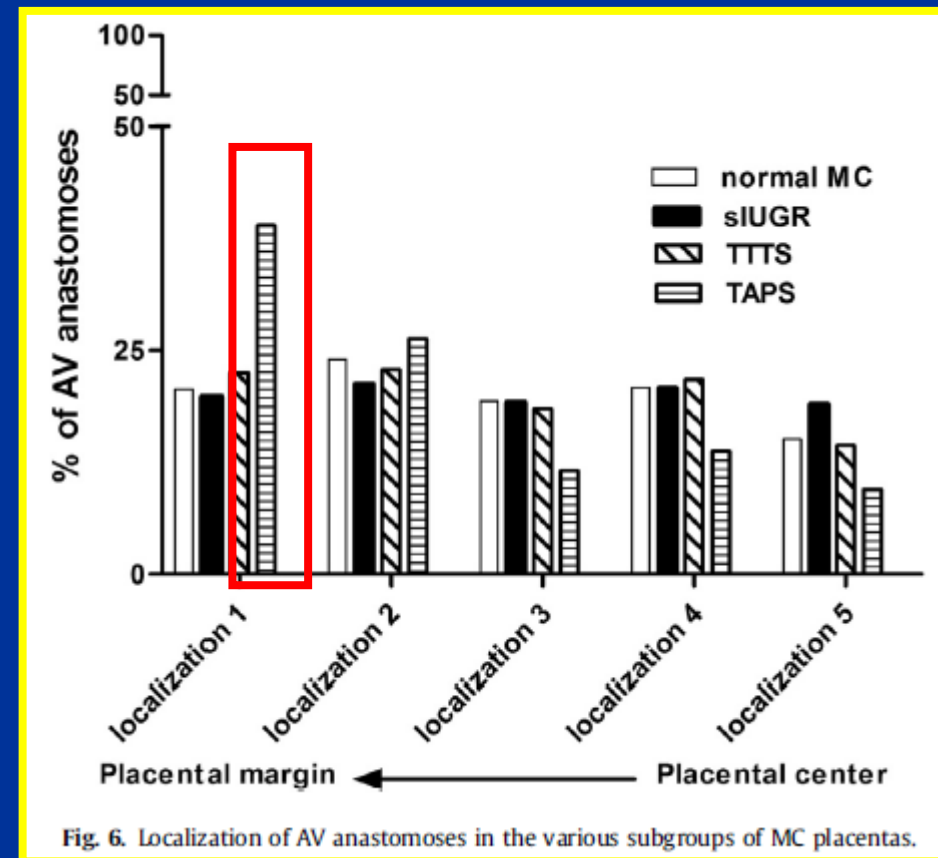


Fig. 6. Localization of AV anastomoses in the various subgroups of MC placentas.

TWIN ANEMIA-POLYCYTHEMIA SEQUENCE



Prevalence, size, number and localization of vascular anastomoses in monochorionic placentas *D.P. Zhao et al. / Placenta 34 (2013) 589–593*

96% Emb Mc N

98% RCIUs

47% STFF

19% TAPS

AAA

Diámetro AAA

RCIUs 2,2 vs 1,7 MC N

STFF 0,6 vs 1,7 MC N

TAPS 0,3 vs 1,7 MC N

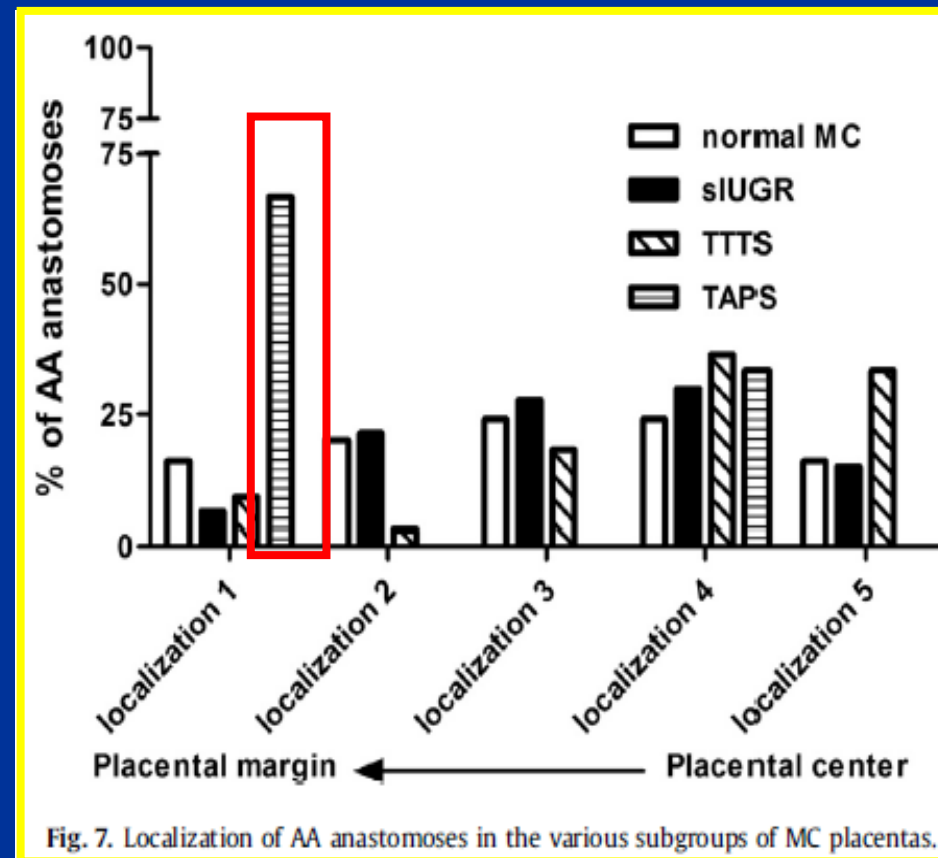


Fig. 7. Localization of AA anastomoses in the various subgroups of MC placentas.

TWIN ANEMIA-POLYCYTHEMIA SEQUENCE

$$R = \frac{8 \cdot L \cdot \mu}{r^4}$$

AAA en TAPS inútiles

Menor número

Pequeñas

Alta resistencia flujo

No hay mecanismo compensatorio

Ecuación Poiseuille's

L= longitud tubo

μ = viscosidad fluido

R = radio tubo

Arterio-arterial vascular anastomoses in monochorionic twin placentas with and without twin anemia-polycythemia sequence

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Placenta 33 (2012) 227–229



TWIN ANEMIA-POLYCYTHEMIA SEQUENCE

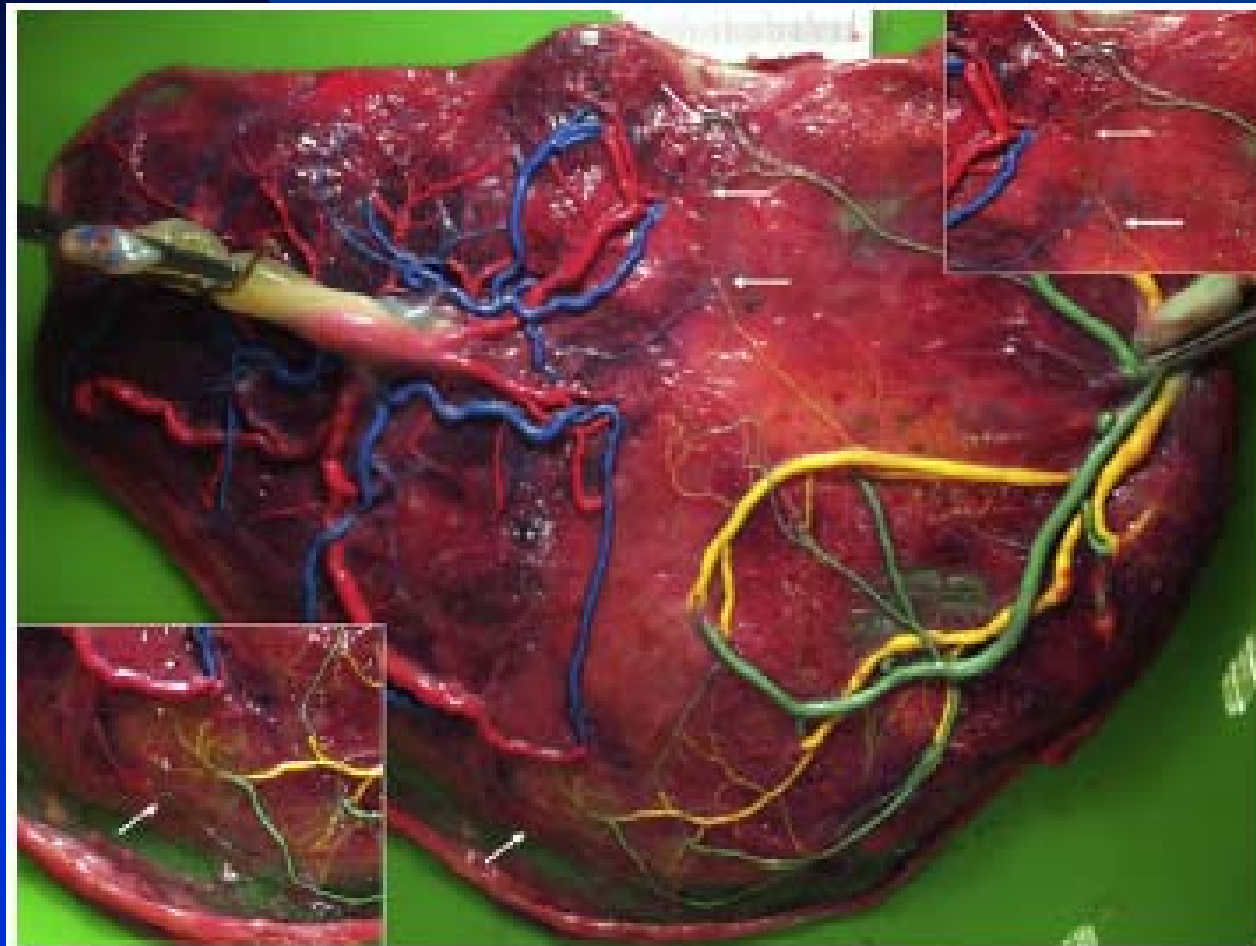
■ Fisiopatología:

- ◆ Placenta se caracteriza por la presencia pocas y minúsculas anastomosis AV, que están cercanas al margen de la placenta.
- ◆ AAA en TAPS son raras , alta resistencia al flujo y no previenen desarrollo TAPS.

Twin anemia polycythemia sequence: Diagnostic criteria, classification, Perinatal management and outcome. Slaghekke F, Kist W, Oepkes D y cols. Fetal Diag Ther. 2010; 27: 181-190

Placental characteristics in monochorionic twins with spontaneous versus post-laser twin anemia-polycythemia sequence S.F. de Villiers a, F. Slaghekke b, J.M. Middeldorp b, F.J. Walther a, D. Oepkes b, E. Lopriore a. Placenta 34 (2013) 456e459

TWIN ANEMIA-POLYCYTHEMIA SEQUENCE



Fisiopatología:

**Transfusión
crónica y lenta**

**(5 -15 ml/24
hrs)**

Donante

>>>>

Receptor

TWIN ANEMIA-POLYCYTHEMIA SEQUENCE

- **Diagnóstico:**
 - ◆ Ausencia de TOPS
 - ◆ Dg. Antenatal:

MCA-PSV >1.5 MoM in the donor
and
MCA-PSV <1.0 MoM in the recipient

- ★ Seguimiento MCA-PSV todos MC
- ★ Especialmente post-láser.

TWIN ANEMIA-POLYCYTHEMIA SEQUENCE

- **Diagnóstico:**
 - ◆ **Postnatal:**

Intertwin Hb difference >8.0 g/dl
and at least one of the following:

- Reticulocyte count ratio >1.7 Donante /Receptor
- Placenta with only small (diameter <1 mm) vascular anastomoses

| Postnatal stage | Intertwin Hb difference, g/dl |
|-----------------|-------------------------------|
| Stage 1 | >8.0 |
| Stage 2 | >11.0 |
| Stage 3 | >14.0 |
| Stage 4 | >17.0 |
| Stage 5 | >20.0 |

TWIN ANEMIA-POLYCYTHEMIA SEQUENCE

■ Clasificación prenatal:

Twin Anemia-Polycythemia Sequence: Diagnostic Criteria, Classification, Perinatal Management and Outcome
Fetal Diagn Ther 2010;27:181-190

| Antenatal stage | Findings at Doppler ultrasound examination |
|-----------------|---|
| Stage 1 | MCA-PSV donor >1.5 MoM <i>and</i> MCA-PSV recipient <1.0 MoM, without other signs of fetal compromise |
| Stage 2 | MCA-PSV donor >1.7 MoM <i>and</i> MCA-PSV recipient <0.8 MoM, without other signs of fetal compromise |
| Stage 3 | as stage 1 or 2, with cardiac compromise of donor, defined as critically abnormal flow ^a |
| Stage 4 | hydrops of donor |
| Stage 5 | intrauterine demise of one or both fetuses preceded by TAPS |

^a Critically abnormal Doppler is defined as absent or reversed end-diastolic flow in umbilical artery, pulsatile flow in the umbilical vein, increased pulsatility index or reversed flow in ductus venosus.

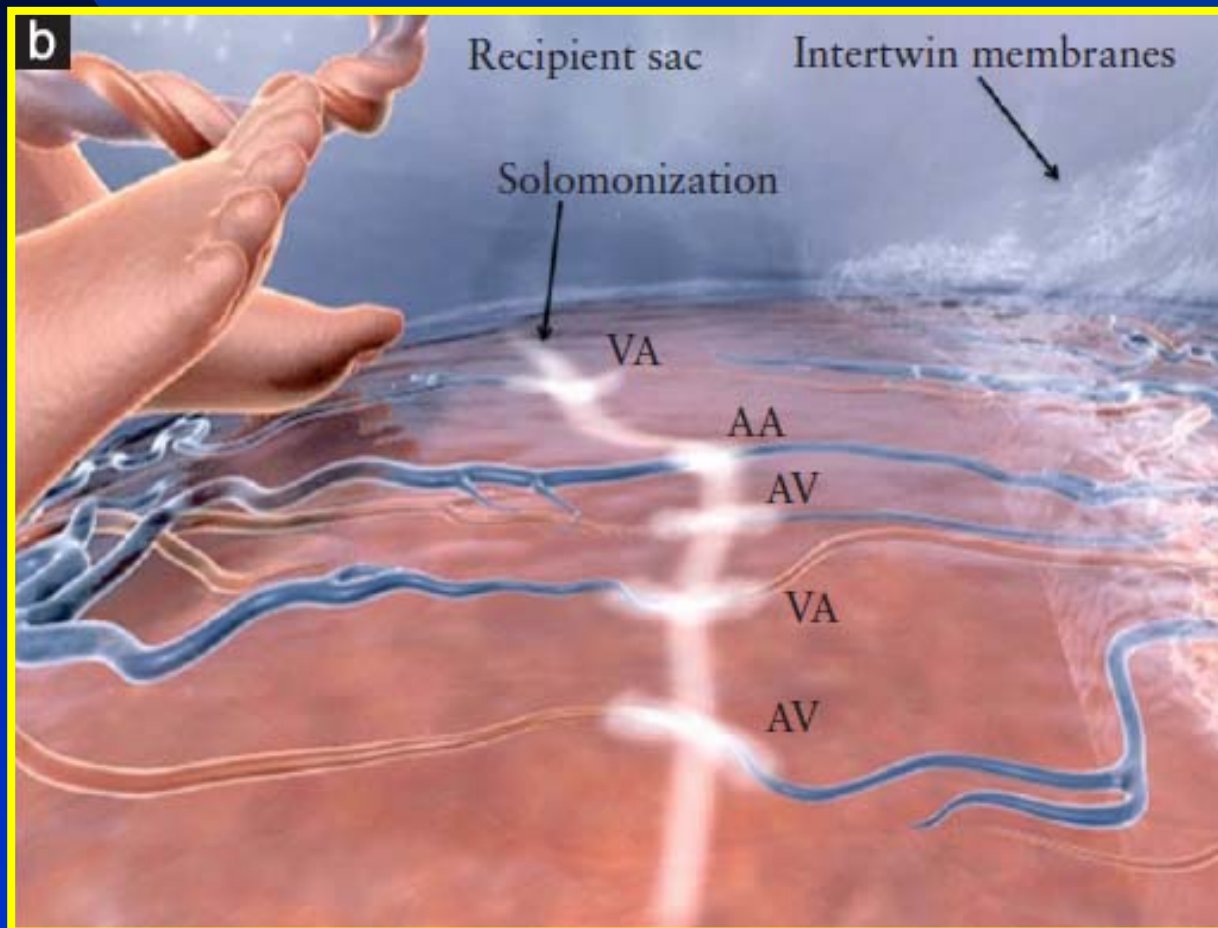
TWIN ANEMIA-POLYCYTHEMIA SEQUENCE

- Manejo perinatal:
 - ◆ Técnica quirúrgica láser.

| Técnica | 0 vivos | 1 vivo | 2 vivos |
|-----------------|---------|--------|---------|
| Sistemática | 1/3 | 1/3 | 1/3 |
| Selectiva | 20% | 80% | 40-50% |
| Sel. secuencial | 15% | 80% | 60-70% |
| Solomon | 12% | 88% | 84% |

Solomon: 0% STFF recurrente y 0% TAPS

TWIN ANEMIA-POLYCYTHEMIA SEQUENCE



Fetoscopic laser ablation of placental anastomoses in twin-twin transfusion syndrome using 'Solomon technique' *Ultrasound Obstet Gynecol* 2013

TWIN ANEMIA-POLYCYTHEMIA SEQUENCE

- **Manejo perinatal:**
 - ◆ Interrupción embarazo
 - ◆ Manejo expectante
 - ◆ Transfusión intrauterina (intravenosa y/o intraperitoneal)
 - ◆ Fetoscopia Láser

TWIN ANEMIA-POLYCYTHEMIA SEQUENCE

Twin Anemia-Polycythemia Sequence: Diagnostic Criteria, Classification, Perinatal Management and Outcome

Fetal Diagnosis
and Therapy

Fetal Diagn Ther 2010;27:181–190

Table 4. Perinatal management and outcome in 18 antenatal TAPS cases detected at our center

| | Expectant management | IUT | IUT + laser | Laser | Selective feticide | TOP |
|--|----------------------|----------------|-------------|------------|--------------------|-----|
| Pregnancies, n | 10 | 4 ^a | 1 | 1 | 1 | 1 |
| GA at diagnosis, weeks | 24 (20–29) | 24 (21–28) | 24 | 18 | 19 | 18 |
| GA at delivery, weeks | 34 (32–41) | 29 (26–29) | 32 | 36 | 28 | 18 |
| Perinatal survival, n/N | 15/20 (75%) | 8/8 (100%) | 2/2 (100%) | 2/2 (100%) | 1/2 (50%) | 0 |
| Postnatal treatment ^b , n/N | 7/15 (47%) | 8/8 (100%) | 0 | 0 | 0 | 0 |

GA = Gestational age (median, range); n/N = number per total number.

^a Including 1 patient treated with intraperitoneal transfusion at 26 weeks' gestation (pregnancy still ongoing).

^b Postnatal treatment is defined as blood transfusion due to neonatal anemia and/or partial exchange transfusion due to polycythemia-hyperviscosity syndrome. TOP = Termination of pregnancy.

Conclusiones:

- TAPS es complicación propia Emb. Gemelar Mc, de reciente descripción.
- Fisiopatología característica
 - ◆ AAV pequeño calibre, marginales
- Diagnóstico prenatal se basa en PSV- ACM
 - ◆ Seguimiento en todos los Mc
- Manejo prenatal:
 - ◆ Usar “Solomon technique” profilaxis
 - ◆ TAPS
 - ★ EG, severidad, experiencia equipo, consejería.